



NEWSLETTER

Helping to improve the lifestyle and well-being of people around the world.

Innovative Products for Optimal Health... **INSIDE AND OUT**

Sunrider's *Philosophy of Regeneration*® ensures each product helps nourish, cleanse, and balance our bodies to promote wellness. This goes for the inside, as well as the outside.

Sunrider® products are made with all-natural ingredients and concentrated antioxidants to provide a strong defense against free radicals and support optimal health. Our one-of-a-kind formulas combine vitamins, herbs, and other natural ingredients to help provide balance, complement each ingredient's inherent benefits, and maximize the body's absorption of nutrients. And because of Sunrider's advanced concentration technology, each Sunrider® product is highly concentrated to maximize effectiveness and produce clear results.

Sunrider's approach to skin care is unique as well. Most products seem to treat your skin like a canvas to paint on, to cover, and many companies use mineral oil and animal by-products to seal off the skin, intending for your cosmetics to last all day. This may sound good, but skin needs to breathe and perspire. Sunrider's exclusive skin care products work in harmony with the skin's natural processes to keep it looking its natural best and beautiful.

30  Years
SUNRIDER®
Health ^{AND} Beauty 

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VITAMIN & MINERAL HEAVYWEIGHTS

Three Products that Knock Out the Competition



VitaShake®

A Nutritional Powerhouse

Unlike other protein and nutritional shakes that are crammed with sugar, calories, and chemically processed additives, VitaShake® is a top-notch alternative to other products that contain ingredients such as artificial sweeteners.

- Made with high-quality soy protein (similar to superconcentrated tofu), loaded with essential nutrients, and enhanced with vitamins, minerals, and antioxidants
- Helps fill nutritional gaps with added benefit of whole fiber
- Formulated with coix fruit (a powerful antioxidant), fructooligosaccharide (a probiotic soluble-fiber carbohydrate), and phytonutrients
- Less than 100 calories a serving, no cholesterol, very low sodium, and very low sugar
- Exclusive whole-food formulation helps your body absorb more nutrients

Citric C™ Tab

"Super-Powered" Vitamin C

Most vitamin C supplements only contain chemicals—making them difficult for your body to absorb. Sunrider's Citric C™ Tabs are formulated with a proprietary blend of herbal concentrates, including green tea extract and rose hips, which are rich in vitamin C and bioflavonoids.

Our formulation makes it easier for your body to recognize and absorb the nutrients from our tabs, and each chewable tab contains 125 mg of vitamin C—200% of the recommended daily value.

Why Vitamin C Is Important:

- Essential for normal growth and development
- Known antioxidant shown to combat free radicals
- Plays an essential role in collagen formation
- Supports the body's immune system

Herb Cal®

A Pure & Natural Calcium Source

Replete with concentrated herbal extracts, enzymes, and vitamin D2 to enhance the absorption of nutrients, Herb Cal® contains 250 mg of calcium—25% of the recommended daily value—per tab and is comprised of three different calcium compounds.

Calcium carbonate: The calcium carbonate Sunrider uses is mined from fossilized coral for purity. Many brands contain calcium from oyster shell, which may contain heavy metals. It also contains the highest levels of elemental calcium, otherwise known as pure calcium.

Calcium citrate: Produced from the calcium salt of citric acid, which is found naturally in fruits and vegetables, calcium citrate provides the next highest levels of elemental calcium and is easily absorbed and digested by the body. Calcium citrate is what allows Herb Cal® to be consumed with or without food.

Calcium gluconate: Calcium gluconate is a salt of calcium and gluconic acid (which occurs naturally in fruit, honey, and tea). Although it provides less elemental calcium than the two compounds above, it is used most in medicine for treating problems arising from calcium deficiencies.

NOURISH FROM THE OUTSIDE IN

Oi-Lin® Skin Care Set

One of the easiest ways to enjoy younger-looking skin is to use the *Oi-Lin*® Skin Care Set on a regular basis. The *Oi-Lin*® Skin Care Set is designed for all skin types but is especially beneficial to dry or sensitive skin.

Based on the *Philosophy of Regeneration*®, this superior skin-care set only uses ingredients that complement the well-being of the skin. We do not use potentially harmful ingredients such as mineral oil, petroleum by-products, and animal-derived proteins and oils. Many companies use animal proteins and lanolin, which suffocate the skin and cause the skin to degenerate and age prematurely.



CLEANSE Step 1:

Oi-Lin® Cleansing Cream

This concentrated cream is an oil-based cleanser designed to gently remove surface dirt, impurities, and makeup without penetrating the skin. It contains olive oil, squalane, and jojoba to clean without stripping skin of its essential oils.

BALANCE Step 2:

Oi-Lin® Revitalizing Cleanser

This refreshing cleanser is effective at deep-pore cleansing and removes water-based impurities on the surface without disturbing the skin's precious pH balance. Fortified with a blend of citrus extracts, aloe vera gel, and hydrolyzed soy protein, it leaves skin feeling soft and smooth.

HYDRATE Step 3:

Oi-Lin® Facial Toner

An extremely gentle toner formulated without alcohol, it effectively picks up any residue left from the cleansers and brings the skin's acid mantle to an optimal pH balance. Our Facial Toner refreshes the skin with delicious cucumber extract, rose water, and green tea.

MOISTURIZE Step 4:

Oi-Lin® Deep Moisture Lotion

This advanced moisturizing formulation will fully hydrate, nourish, and protect the skin without leaving an oily residue. It contains age-fighting antioxidants combined with herbal and essential oils.

This wonderful *Oi-Lin*® Skin Care Set will give you the precious gift of skin that feels nourished, healthy, and beautiful.





30th Anniversary Convention Proves It's "Just the Beginning" for Sunrider

The 2012 Grand Convention, "Just the Beginning," held August 15–18 in Long Beach, CA, provided an amazing chance for IBOs and ABOs from around the world to grow and build with Sunrider and help commemorate its 30th anniversary. Through new Workshops, Los Angeles Manufacturing Plant and World Headquarters tours, General Sessions, and an exciting Gala Evening, this year's convention showed that for Sunrider it really is just the beginning!

This year's Grand Convention was a great success, so it's time to start looking forward to the next one—a cruise! Until then, check out Sunrider.com for more pictures of this fabulous event.



NuPlus® Banana Bread

Makes 1 loaf

Ingredients:

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| 1 ¾ cups whole wheat flour | 6 fully ripe bananas, mashed |
| 1 teaspoon baking soda | ¼ cup pecans |
| ¼ teaspoon cinnamon | ¼ cup skim milk |
| 6–7 dates, pitted and chopped | 3 packets of NuPlus® Pina Banana |
| 2 eggs | |

Directions:

- Preheat oven to 180° C. Grease a loaf pan with non-stick substance of your choice.
- In a large bowl, sift NuPlus® Pina Banana together with other dry ingredients.
- In a blender, add bananas, eggs, and milk, and blend until smooth.
- Mix the wet ingredients in with the dry until smooth; then mix in pecans and dates.
- Pour batter into the greased loaf pan and bake 50–60 minutes.
- Cool before serving.

If you'd like to share a recipe using Sunrider® products, please email us at: info@sunrider.co.uk. Include your name, country, and Sunrider ID number (if you have one).

If you love our products, you'll love our business! Contact your local Sunrider Independent Business Owner to learn how to own a Sunrider business and have a fantastic income.

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